# **Clinical Bulletin**

# An overview of ultrasound probe reprocessing

#### **Critical Summary**

- There are multiple steps involved in ultrasound probe reprocessing and decontamination: Cleaning, disinfection, storage and documentation.
- Each of these unique steps is paramount to the overall success of the reprocessing of ultrasound probes.
- Many guidelines across Europe provide detail on how facilities may accomplish each of these steps.

Appropriate reprocessing of ultrasound probes is required to prevent transmission of infection when probes are used on subsequent patients. There are three important stages involved in effective reprocessing – *cleaning, disinfection and storage* as illustrated in Figure 1 below.

The term "reprocessing" is often used to describe one or all of the cleaning and disinfection steps. Manufacturer instructions as well as local regulations and guidelines should be referred to before commencing reprocessing to ensure the processes are compatible and compliant.

#### CLEANING

A process which involves physical removal of soil from device surfaces to prepare the items for safe handling and/or further decontamination.

#### DISINFECTION

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Process by which pathogenic microorganisms are destroyed in order to prevent patient to patient transmission.

#### STORAGE

A process that prevents recontamination of reprocessed devices, ensuring they are safe for reuse.

Figure 1. The stages of medical device reprocessing.

# Cleaning

Cleaning is generally defined as the physical removal of soil (e.g. blood, protein substances, microorganisms and other debris) from the surfaces of devices to prepare the items for safe handling and/or further reprocessing.

Cleaning is an important and mandatory first step of reprocessing as it ensures that soil does not interfere with any subsequent disinfection process. Cleaning is generally validated by visual inspection of the device or by quantitative methods. Common cleaning methods for ultrasound probes include soaking in detergent and water, wiping with a moist cloth or detergent wipe or soaking in an enzymatic cleaning solution. The probe manufacturer instructions should be consulted to determine which cleaning methods are compatible with the device. The probe should be completely dry after cleaning so as to not interfere with the subsequent disinfection process.



## **Disinfection**

Disinfection is the process by which pathogenic microorganisms are destroyed in order to prevent transmission to the next patient via a medical device.

Disinfection can be further broken down into subcategories including low and high level disinfection and the specific spectrum of antimicrobial activity of these processes is described below in Figure 2.

Selection of the appropriate level of disinfection is based on the risk associated with the intended use of the device. Ultrasound probes that will only contact intact skin can be low level disinfected before use while probes that contact mucous membranes or non-intact skin should undergo high level disinfection.

The ultrasound manufacturer instructions must also be consulted to ensure that the disinfection process is compatible with the instrument and will not cause damage.

Comprehensive guidance is available in Europe and the United Kingdom, to assist users in determining the appropriate disinfection level required for specific ultrasound probe procedures.<sup>1-10</sup>



Figure 2: Levels of disinfection and criteria governing their use. Low level and high level disinfection all have different spectrums of efficacy against microorganisms. An appropriate level of disinfection should be performed before reuse according to the intended use of the device.

## Storage

Appropriate storage is required to prevent recontamination of reprocessed probes.

Standard storage conditions such as being clean, dry, away from extreme heat and UV light should be observed.

High level disinfected probes should be stored in single use clean covers for optimal protection.

Low level disinfected probes carry a similar status to other common patient contact surfaces in the patient environment and can optionally be stored in a cover. All probes should be completely dry before entering storage and should be labelled to facilitate easy identification of disinfection status.

## **Documentation**

All processes should be documented and users should be trained on commencement and at regular intervals.

The cleaning, disinfection and storage processes should incorporate traceability of specific probes and critical parameters indicating successful reprocessing.

These records should be linked to the patient and procedure the ultrasound probe is used in.

Contact us today for your specific needs on point-of-care reprocessing, understanding when to HLD or for an educational session at your facility.



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